



September 2025

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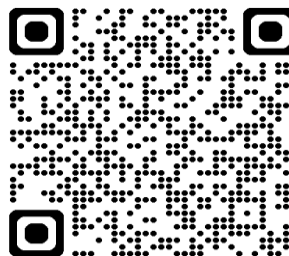
### We're So Grateful

Our 2025 GP Patient Survey results are in – and we are proud to share that 90% of our patients rated their overall experience with Dorking Medical Practice as good!

That's well above the national average of 75% - and it means so much to our whole team.

From reception to consultation, we're here to support you with care, compassion and commitment – and we're truly thankful for the trust you place with us.

Thank you to everyone who gave feedback – you help shape what we do every day.



View the results by scanning the QR code, or visiting <https://gp-patient.co.uk>



## Flu and Covid vaccination for autumn 2025

We have now started to invite patients to book for their flu and covid vaccines, if eligible.

### Flu Eligibility:

- Aged 65 years and over
- Aged 18 to under 65 in clinical risk groups
- Residents in long stay care homes
- Carers receiving carer's allowance or main carers of elderly/disabled individuals
- Close contacts of immunocompromised individuals

### Covid Vaccine Eligibility:

- Aged 75 or over
- Aged 6 months to 74 years with a weakened immune system (due to health condition or treatment)
- Residents of care homes for older adults.

We will be starting to vaccinate these groups from 3<sup>rd</sup> October.

### New Staff Members



Nash Yadrychnikov  
Dispenser/Patient Services Assistant



Aisha Rashid  
Dispenser/Patient Services Assistant

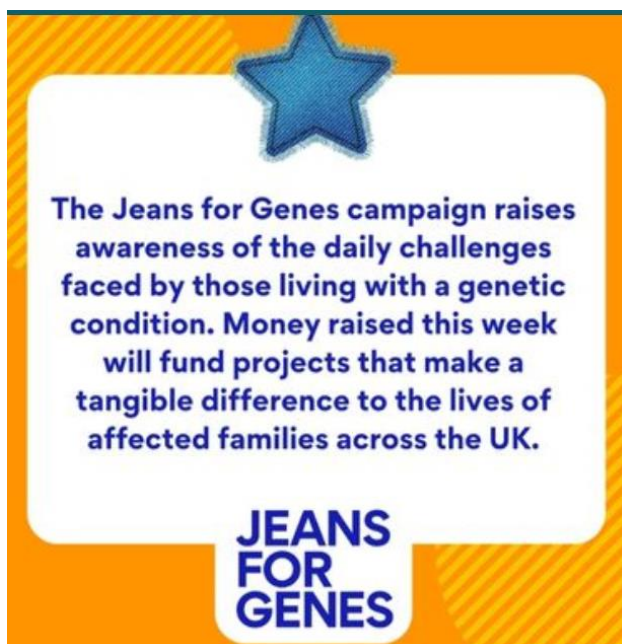


The staff of Dorking Medical Practice will be taking part in;

Jeans for Genes Day

On Friday 19<sup>th</sup> September

If you would like to make a donation please feel free to drop in.



## Migraine Awareness Week

22-28 September

### What is a migraine?

Migraine is a severe and painful long-term health condition. If you have migraine you will have migraine attacks, which can be a whole-body experience.

Common symptoms of an attack can include:

- **Head pain**
- **Problems with your sight such as seeing flashing lights**
- **Being very sensitive to light, sounds & smells**
- **Fatigue**
- **Feeling sick and being sick**

Different people get different symptoms. When you have a migraine attack, you may not be able to function normally.

Migraine attacks usually last for between four and three days. Some symptoms may start about 24 hours before you get the head pain, and end about 24 hours after you stop having head pain. Most people don't have any symptoms in between migraine attacks.

Want to know more please visit the migraine trust website, or scan the QR code.



# Are you caring for someone with dementia?

Feeling alone,  
overwhelmed,  
or worried  
about money?

**We can help.**

"It was so helpful to have  
someone listen to me and give  
me advice over the phone."

Dementia Carer



## Call 0800 652 1102

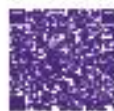
Monday to Friday 9am-5pm

Our friendly team of specialist advisors offer free  
• Counselling • Benefits advice • Practical support

**You are not alone.**



**DEMENTIA  
CARERS COUNT**



[dementiacarers.org.uk](http://dementiacarers.org.uk)  
Charity reg no 216613