

# Are you caring for someone with dementia?

Feeling alone,  
overwhelmed,  
or worried  
about money?

**We can help.**

**"It was so helpful to have  
someone listen to me and give  
me advice over the phone."**

Dementia Carer

# Call 0800 652 1102

Monday to Friday 9am–5pm

Our friendly team of specialist advisors offer free  
• Counselling • Benefits advice • Practical support

**You are not alone.**



**DEMENTIA  
CARERS COUNT**



[dementiacarers.org.uk](https://dementiacarers.org.uk)

Charity reg no 216613

