
Elmbridge Dementia Services



Elmbridge Dementia Social Groups: friendship and respite under one roof

Sometimes, what we all need most is a change of scene, a chat with a new friend, or simply a reason to smile. That's exactly what Elmbridge Dementia Services offers.

Running from the Claygate Centre for the Community, this friendly day group is designed for people living with mild to moderate dementia. But more than that, it's a place to feel relaxed, be yourself, and enjoy good company.

Here, nothing feels clinical or formal. It's all about doing the things you enjoy, whether that's music, crafts, a quiz, or just catching up over a cup of tea. Some people join in everything, while others prefer to read the paper or take it easy. The choice is always yours.

With capacity for up to 40 people a day, the centre offers a lively, and welcoming space where people with dementia can socialise, and enjoy their community just like anyone else. Despite the busy, friendly atmosphere, everyone receives personalised attention and feels valued, thanks to a 1 to 5 staff-to-client ratio.

The engaging activities and social interaction can also help slow down the progression of dementia, encouraging independence and retaining important life skills.

Before anyone joins, the team carries out a friendly assessment to learn about each person's interests, routines, and needs. This also provides an opportunity to share helpful information about attendance allowance, council tax reductions, telecare, and other local support services and groups. You may also be eligible for funding support through social care or local charities to help cover the cost of attending.

For carers, this service offers more than just peace of mind, it provides genuine respite. You'll know your loved one is safe, engaged, and enjoying their day, giving you space to rest, recharge or catch up on life's demands.

- **Days and times:** Tuesday, Wednesday and Friday, 10am to 3pm.
- **Cost for the full day:** £61.30 - includes lunch, all activities, and the support of our dedicated team.

If you're interested in having a look around the team warmly welcomes visits. Please see our contact details below.



Elmbridge
Borough Council

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