





IMPORTANT MESSAGE FROM YOUR **NHS** GP



County Durham
and Darlington
NHS Foundation Trust

Here's why we think you should attend your
Diabetic Eye Screening Appointment

Did you know that?

-  Diabetic eye screening could save your sight
-  Anyone who has diabetes is at risk of developing diabetic retinopathy
-  You need to attend recommended eye screening appointments as well as your regular routine eye test appointments with your optician
-  If you attend your diabetic eye screening appointment it can reduce the **RISKS** of sight loss!

Retinopathy means disease of the retina...Diabetic retinopathy if left untreated, can seriously damage the tiny blood vessels inside your eyes.

It's FREE, simple, quick and effective and takes approximately 30 minutes. You can choose from nine locations across County Durham and Darlington to attend.

Stop, Think, Attend - Diabetes can cause damage to your eyes **BEFORE** you notice any change in your sight, good vision doesn't necessarily mean healthy eyes.

Knowledge and understanding is key! early detection, diagnoses and referral for treatment from your appointment will help protect your sight.

Scan Me – Don't know what to expect, scan this bar code and watch the video, so you know what will happen during your appointment.



Scan QR code for video

**Book your appointment today
contact us on 01325 342113**

DON'T LOSE THE WINDOWS TO YOUR WORLD

HELP KEEP YOUR EYES PROTECTED – ATTEND YOUR SCREENING APPOINTMENT

safe • compassionate • joined-up care



www.cddft.nhs.uk

