

1. Adults aged 18 years and over:

1.1 Saturday flu & covid clinics:

- 3rd & 10th October

We are running major flu & covid clinics on the Saturdays above (for those eligible).

Other clinics may be available at later dates for those unable to make it to the Saturday clinics (these appointments are not yet available to book).

1.2 Things to note:

- **Text / letter invites:** will be sent to all eligible patients who have not yet had the flu or covid vaccine and who do not have a flu appointment booked. Two invites will be sent.
- **How to book a flu & covid or just a flu appointment:** for people with mobile phones - texts with a link are being sent out to everybody eligible. You can click on the link to book your appointment. For people without mobile phones or if you prefer - flu & covid appointments for the October clinics can be booked by telephone; 01372 455450.
- **Appointment times:** flu (& covid) appointments are at specific times - please make sure you come to the practice at the right time.
- **Saturday clinics - car park:** the car park will not be available - to allow for queueing - please park elsewhere. The Co-op car park is available and there is free parking on nearby roads.
- **Free vaccines** - the injected flu & covid vaccines are offered free of charge on the NHS to people who are eligible (as in the list below). This is to ensure you are protected against catching flu or covid and developing serious complications.
- It is safe to give both vaccines at the same time - they will be given in different arms.

1.3 Flu vaccines eligibility:

- are aged 65 years or over
- are aged 6 months to 64 years and who have certain health conditions
- are pregnant
- are in long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- frontline health or social care workers

1.4 Covid vaccines eligibility:

The autumn 2026 COVID-19 vaccine is being offered to:

- adults aged 75 and over
- residents in care homes for older adults
- individuals aged 6 months and over who are immunosuppressed

Patients who have had a Spring 26 covid vaccine will not be eligible for another covid vaccine until 6 months after their last vaccine was given to them.

1.5 Housebound patients and residents in care homes for older adults

These patients will be managed by a local pharmacy who will be contacting patients / care home direct to arrange to give the vaccines.

2. Children and young people under 18years:

2.1 We run separate flu clinics - with the flu vaccine being free on the NHS for:

- children aged 2 or 3 years
- children aged 2 to 17 years with long-term health conditions

Children who need a covid vaccine should go to the NHS App to book an appointment - or to the NHS website:

<https://www.nhs.uk/nhs-services/vaccination-and-booking-services/book-covid-19-vaccination/>

Covid vaccines are available at:

- a walk-in COVID-19 vaccination site
- a local service, such as a community pharmacy

Details of the closest sites will be on the NHS App or the NHS website (as above).

2.2 Things to note:

- **Text / letter invites:** will be sent to all eligible patients parents / guardians who have not yet had the flu vaccine / nasal drops and who do not have a flu appointment booked. Two invites will be sent.
- **How to book a flu appointment:** for people with mobile phones - texts with a link are being sent out to everybody eligible. You can click on the link to book your child's appointment. For people without mobile phones or if you prefer - flu appointments can be booked by telephone; 01372 455450.
- **Appointment times:** flu appointments are at specific times - please make sure you come to the practice at the right time
- **Free vaccines** - the injected flu vaccine or nasal flu are offered free of charge on the NHS to people who are eligible (as in the list below). This is to ensure they are protected against catching flu and developing serious complications.

2.3 Flu vaccines provided elsewhere:

- all primary school children (reception to year 6) - these will be available in their schools
- all year 7 to year 11 children in secondary school - these will be available in their schools

For more information about who is eligible for a free NHS flu vaccination - please visit the NHS website at:

<http://www.nhs.uk/Conditions/vaccinations/Pages/who-should-have-flu-vaccine.aspx>