



HEATHCOT

Medical Practice

HEALTH & WELLBEING WORKSHOP

You are warmly invited to our upcoming Health & Wellbeing Workshop, designed to support and engage our local community on a wide range of health and lifestyle topics.

What to expect?

Interactive stations offering information, support and checks on:

-  **Blood pressure**
-  **Diabetes**
-  **Mental Health**
-  **Men's & Women's Health**
-  **NHS App Support**
-  **Plus much more!**

ADMISSION IS FREE

Walk In Flu & COVID Vaccinations Available

8th November, 2025
11:00 AM- 4:00 PM

The Vyne Centre for the
Community, Broadway,
Knaphill, Woking, GU21 2SP

www.heathcotmedicalpractice.nhs.uk

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