



HEATHCOT

Medical Practice

HEALTH & WELLBEING WORKSHOP

You are warmly invited to our upcoming Health & Wellbeing Workshop, designed to support and engage our local community on a wide range of health and lifestyle topics.

What to expect?

Interactive stations offering information, support and checks on:



Blood pressure



Men's & Women's Health



Diabetes



NHS App Support



Mental Health



Plus much more!

ADMISSION IS FREE

8th November, 2025
11:00 AM- 4:00 PM

The Vyne Centre for the
Community, Broadway,
Knaphill, Woking, GU21 2SP

www.heathcotmedicalpractice.nhs.uk

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