

HEALTH & WELLBEING WORKSHOP

You are warmly invited to our upcoming Health & Wellbeing Workshop, designed to support and engage our local community on a wide range of health and lifestyle topics.

What to expect?

Interactive stations offering information, support and checks on:

- - Blood pressure 👬 Men's & Women's Health
- Diabetes
- NHS App Support
- **Mental Health**
- + Plus much more!



Walk In Flu & COVID Vaccinations Available

8th November, 2025 11:00 AM- 4:00 PM The Vyne Centre for the Community, Broadway, Knaphill, Woking, GU21 2SP

www.heathcotmedicalpractice.nhs.uk HEATHCOT MEDICAL PRACTICE