

HOLMHURST VOICE

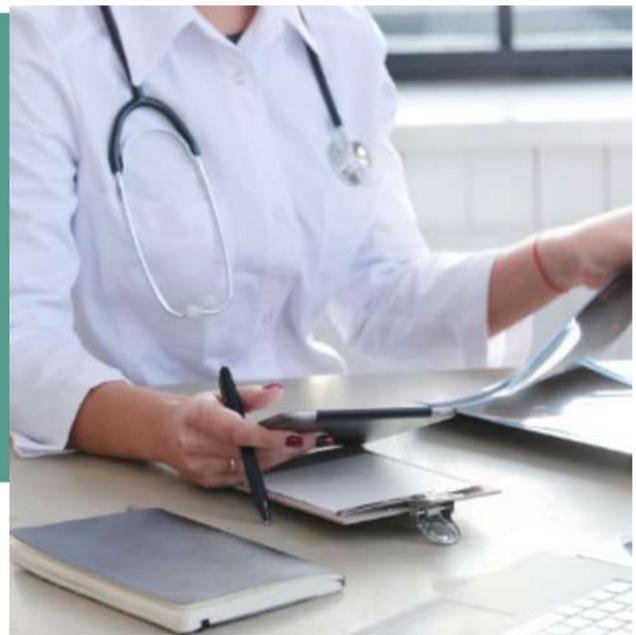


PPG QUARTERLY NEWSLETTER

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www.holmhurstmedicalcentre.nhs.uk



DID YOU KNOW

Surrey and Sussex Healthcare NHS Trust and Surrey Heartlands ICB have opened a brand new **Community Diagnostics Centre (CDC)** in Redhill, On Monday 26 January 2026. This is located in the Belfry Shopping Centre in the heart of Redhill.



The new facilities will increase local access to diagnostic testing – helping tens of thousands of NHS patients get vital NHS tests and checks sooner. The move will also significantly reduce the number of patients needing to travel to East Surrey Hospital for tests such as CT scans, X-rays, ECGs, ultrasounds, and respiratory tests.

STAFFING

Holmhurst has appointed a new receptionist.

HOW TO ORDER REPEAT PRESCRIPTION

If you take medicine regularly, you'll usually have a repeat prescription. This means you can order your medicine without having to see a GP every time. It's important to request the prescription at least 5 working days before you need your medicine. You might be able to ask your pharmacy directly for your medicine if your GP has set this up (repeat dispensing). If not, you'll need to order your medicines through a repeat prescription from your GP surgery.

You can order a repeat prescription by:

- Using your NHS account,
- Using other online services or app,
- Contacting your GP surgery via our website form.
- Submitting a written request at the clinics reception.



CHANGES TO THE CHILDHOOD VACCINATION SCHEDULE FROM JANUARY 2026

From 1 January 2026, the MMRV vaccine will be introduced into the routine childhood immunisation schedule in the UK. The MMRV vaccine protects against 4 serious diseases: measles, mumps, rubella, and chickenpox (known as varicella). The MMRV vaccine has been safely used for over a decade and is already part of the routine childhood vaccination schedule in several countries, including Canada, Australia and Germany.

When your child will be offered the MMRV vaccine will depend on their date of birth. Children born on or after 1 September 2022 will be offered 1 or 2 doses of the MMRV vaccine as part of their routine vaccinations. A single MMRV catch-up dose will be offered to children born between 1 January 2020 and 31 August 2022 if they haven't already had chickenpox or been vaccinated against it. This dose will be offered between November 2026 and March 2028.

More detail on the eligibility can be found on the NHS website or the NHS app.

WHAT IS AN UNPAID CARER, AND ARE YOU ONE?

An unpaid carer is someone who supports a family member, friend or neighbour who cannot manage without help due to illness, disability or age. They are not paid for this care. Anyone can be a carer.

You may be able to claim Carer's Allowance (£83.35 per week for 35+ hours of care), depending on earnings and the benefits the person you care for receives.



Support available

Tell your GP practice you are a carer so this is recorded.

A £300 Carer's Break may be available through your GP.

Surrey County Council offers Carer's Assessments and a possible £300 wellbeing payment. More information can be found via this link (www.surreycc.gov.uk/socialcare) or at Action for Carers for advice, support and local carer hubs (0303 040 1234) www.actionforcarers.org.uk

If you regularly look after someone without pay, you may be an unpaid carer — and help is available.