

## Ashlea Medical Practice Patient Participation Group



Ashlea Medical Practice Patient Participation Group (AMP PPG) are pleased to let you know of the date and venue for our upcoming AGM.

**Wednesday 26th March**

**7.30pm-9pm**

**Fairfield Centre, Leatherhead**

The Fairfield Center is adjacent to the Swan Centre & there is ample free (after 6pm) parking available.

**We will be focusing on the results of our survey** that many of you completed in October/November, and you will have the opportunity to talk to us and ask questions. We will be joined by GP's and have local guest speakers.

**Want to be part of the PPG?** We are inviting you to join us if you would like to be a proactive member of our team on future projects. **Please get in touch.**

More information will be sent out via email and our fb group prior to the date. Please join our mailing list now if you haven't already done so.

**Due to time constraints on the night, please submit your question now and we will endeavour to have a reply for you on the night.**

**[ashlea.ppg@gmail.com](mailto:ashlea.ppg@gmail.com)**

**Everyone is welcome.  
Stay informed, get involved!**

**Arrive from 7pm for teas, coffee, biscuits**

## Practice News

### Laura Hammond, Practice Manager

AMP welcomes Laura Hammond as our new Practice Manager. Laura covers both sites at Linden and Gilbert House.

***"My name is Laura Hammond and I have joined AMP as Practice Manager."***

*The local area is familiar to me as not only have I lived in the area for 20+ years but I have also worked in healthcare as Practice Manager of a local GP Surgery and also as Federation Manager for GP Health Partners. I am passionate about delivering high quality healthcare for all and in how we better support people to live healthier lives.*

***I look forward to supporting the fantastic team at AMP to deliver and maintain the high standards of care that our communities have come to expect."***

### Sarah Davis, Practice Nurse

***"My name is Sarah Davis and I am the new practice nurse joining the nursing team."***

*In 2010 I moved from the west of Ireland to pursue my nursing career in Kingston University. I went on to work in Epsom and St Helier Intensive Care Department before moving to primary care. I have been a practice nurse for 10 years and my special interests are Respiratory medicine and Women's health.*

*I have worked in the area for a number of years now and I am also part of the PCN (primary care network) education team.*

***I look forward to providing high standards of health and well being to the Ashted and Leatherhead community."***

Welcome Sarah!



Practice website:

**[www.ashlea.nhs.uk](http://www.ashlea.nhs.uk)**



Call **8-10am** for an **URGENT** Appointment

Call **AFTER 10am** for Non-Urgent app



Contact PPG (non-medical patient volunteer group)

**[ashlea.ppg@gmail.com](mailto:ashlea.ppg@gmail.com)**

**Linden House 01372 375666**



**Gilbert House 01372 276385**

# Boots Blister Pack Recycling

Joining other Boots stores nationwide, **Boots Leatherhead** is now part of the Blister Pack Recycling scheme.

- Recycling scheme for all medicine and vitamin blister packaging expanded to over 800 UK in response to customer demand
- Customers are rewarded with 100 Boots Advantage Card points each time they deposit five empty blister packs for recycling\*
- Empty blister packs will be recycled into playground equipment and furniture



(Click image or scan QR for more)

All blister packs, whether previously used to hold medications or vitamins, and no matter which brand, can be recycled through the scheme.



\*Boots Advantage Card members can now earn 100 points (worth £1) for every five empty blister packs when they drop them off at a participating Boots store and spend £5 or more.



## NHS issue RSV vaccination reminder to Surrey public

The NHS in Surrey is encouraging all those invited to have their Respiratory Syncytial Virus (RSV) vaccine to take up the offer and get protected against the virus.

Of the 46,000 people living in Surrey who meet the eligibility criteria, just over half have received their vaccination (58%)\*.

RSV is a common cause of coughs and colds and whilst it can get better by itself, it can also be serious for some babies and older adults

The RSV vaccine helps protect against respiratory

Scan QR or click image for more

Repeat prescriptions? ☒

### Only order what you need

If you have enough medicine at home, there's no need to order now – you can request more in future.

NHS

Every year, around 1.2 million medicines go to waste in Surrey Heartlands

Stockpiled medicines often go out of date and become useless. They might even end up in places they shouldn't, like in rivers or seas, or be a danger to children and pets. .

If medicines are left unused, they can't help anyone and just end up as harmful waste.

**It's OK; if you skip an item on your prescription this time, it'll still be there for you next time.**

**Valuable NHS resources are being wasted.**

If everyone only orders what they truly need, it'll make a big difference to the environment and ensure medicines are available for those who need them most

*Don't forget—if you've got leftover or out-of-date medicines, take them back to the pharmacy for safe disposal.*

**By only ordering what you need, you're helping to look after the planet, reduce waste, and ensure medicines are available for everyone who needs them.**

**Patient Participation Group**

Gilbert House Surgery  
39 Woodfield Lane  
Ashted Surrey  
KT21 2BQ  
01372 276385

Linden House Surgery  
30 Upper Fairfield Road  
Leatherhead Surrey  
KT22 7HH  
01372 375666

Follow our PPG facebook page for regular news and updates

[www.facebook.com/ashleappg](https://www.facebook.com/ashleappg)

syncytial virus, a common virus that can make babies and older adults seriously ill. It's recommended during pregnancy and for adults aged 75-79.

Invites have been sent over the last week to all those not yet vaccinated as local NHS leaders encourage the public, particularly the older generation, to book their vaccine as soon as possible.

**Please get in touch with the Practice to arrange yours if you have not been vaccinated, are elidgabel, and would like to be.**



We can send our Newsletter direct to your inbox monthly as we publish.

Contact us now and we will add you to our mailing list - [ashlea.ppg@gmail.com](mailto:ashlea.ppg@gmail.com)