

Ready to manage your health easier with the NHS App?

Free one-to-one support is available at **Dorking Library** in partnership with the **Dorking Live Well Service**.



NHS App drop-in

Get help using your NHS App

You can request repeat prescriptions,
get messages about your health,
see test results and more

If you need help, come along to
one of our **free** drop ins

To book an appointment, contact the Dorking
Live Well Service on:

dohel.livewell.dhc@nhs.net or 01306 733536

Or book in person at **Dorking Library**

