



Stop Smoking Clinic



from Wednesday 17 September



1pm to 2:30pm



Auckland Medical Group Toft Hill Surgery, 51 Toft Hill,
Bishop Auckland County Durham DL14 0JA



Stop smoking
with the aid
of nicotine
replacement
therapy.

You're four times more likely to quit with help from a trained advisor - it's easier than going it alone.

Join us for **12 weekly drop-in** smoking clinic sessions from
17 September to 3 December 2025.

The programme includes a **12 week free prescription** for
Nicotine Replacement Therapy.

Please contact Sharon Milner on the details below before your first visit.



Sharon Milner - 07566 794 554



sharon.milner1@nhs.net



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51 Toft Hill, Bishop Auckland County
Durham DL14 0JA

NHS
County Durham
and Darlington
NHS Foundation Trust

For further information on the Wellbeing for Life service
Freephone: 0800 8766887 www.wellbeingforlife.net

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