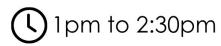


## **Stop Smoking Clinic**



from Wednesday 17 September  $(\c L)$  1pm to 2:30pm





Auckland Medical Group Toft Hill Surgery, 51 Toft Hill, Bishop Auckland County Durham DL14 0JA



Stop smoking with the aid of nicotine relacement therapy.

You're four times more likely to quit with help from a trained advisor - it's easier than going it alone.

Join us for 12 weekly drop-in smoking clinic sessions from 17 September to 3 December 2025.

The programme includes a 12 week free prescription for Nicotine Replacement Therapy.

Please contact Sharon Milner on the details below before your first visit.



Sharon Milner - 07566 794 554



sharon.milner1@nhs.net



Auckland Medical Group Toft Hill Surgery, 51 Toft Hill, Bishop Auckland County Durham DL14 0JA





For further information on the Wellbeing for Life service Freephone: 0800 8766887 www.wellbeingforlife.net