

Social Prescribing Link Workers are part of our team

Social Prescribing involves helping people to improve their health and wellbeing by connecting them to services, groups and activities in the community.

Link Workers connect those who are feeling lonely, overwhelmed or in need of help to a range of local support, from community and activity groups to work, debt and housing advice.

THEY CAN HELP WITH:

- Getting people to focus on their own priorities and the things that affect their wellbeing
- Supporting people to take better control of their health
- Introducing people to groups and activities in their community



Talk to the reception team to find out more or scan this QR code



Your surgery's
Social Prescribing
Link Worker is Marie

