

To Dip or Not to Dip



50%

Up to **half** people above the age of 65 years have **asymptomatic bacteriuria**.

Older people with bacteria present in their urine



Asymptomatic bacteriuria (ASB)

ASB isn't harmful to people but unnecessary antibiotic treatment can be. **1 in 3** people will get side-effects from antibiotics. Some will be at increased risk of developing antimicrobial-resistant infections in the future.



Over 65? Don't dip the urine!

The dipstick test and positive results are usually useless in detecting infection in the urine. **A positive dipstick test result cannot differentiate ASB from UTI.**



Suspect a UTI?

Confirm it based on symptoms and signs of a UTI, and exclude other reasons. Follow a **clinical pathway** not a dipstick test result!



Under 65 with symptoms of a UTI?



Use Pharmacy First for quick, expert care.



Pharmacists can assess your symptoms and provide treatment for UTIs.



For women.



Expert care for common women's health concerns.



Compassionate, discreet and judgement-free.



UTI treatment available through Pharmacy First

PHARMACY



No GP appointment needed



Walk in or book a consultation



Safe, convenient and confidential

Your health, our priority



For women