

Are you caring for someone with dementia?

Feeling alone,
overwhelmed,
or worried
about money?

We can help.

**"It was so helpful to have
someone listen to me and give
me advice over the phone."**

Dementia Carer

Call 0800 652 1102

Monday to Friday 9am-5pm

Our friendly team of specialist advisors offer free
• Counselling • Benefits advice • Practical support

You are not alone.



**DEMENTIA
CARERS COUNT**



dementiacarers.org.uk

Charity reg no 216613

