# FLU CLINIC BOOK YOUR JAB



Appointments available from 1st October 2025

### WHY GET THE FLU JAB?

Reduces your risk of serious illness this winter

Protects your family, friends and our community

Free on the NHS for eligible patients

## WHO IS ELIGIBLE FOR A FREE NHS FLU JAB?

Aged 65 or over (by 31 March 2026) Pregnant

Long-term conditions (heart, lung, kidney, liver or neurological disease, diabetes)

Weakened immune system or live with someone who is immunosuppressed Carers (including carer's allowance) Frontline health or social care workers

Care-home residents
Children may be offered a nasal spray vaccine — ask reception

#### **HOW TO BOOK**

Via Patient link (send by the Surgery)

Phone: 01737359332 In person: Visit reception

#### WHERE & WHEN

Where: Longcroft Clinic,

When: Appointments from 1st

October 2025

#### YOUR APPOINTMENT

Wear short sleeves if you can
Bring a list of medicines and allergy
information
If you feel unwell with a fever on the

day, please call to rearrange



If you need an accessible appointment (longer slot, step-free access, interpreter), please tell us when booking.