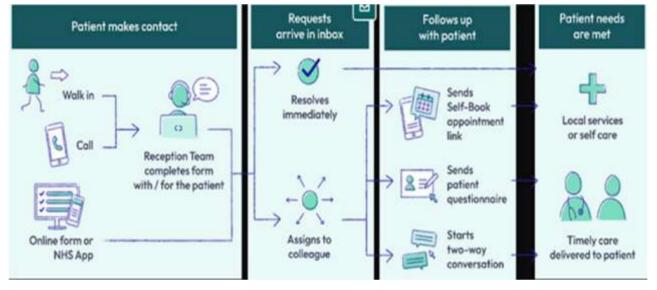


SURGERY AND PATIENT
PARTICIPATION GROUP SUMMER
NEWSLETTER. THESE WILL NOW
BE PUBLISHED SIX MONTHLY
GIVING ALL THE LATEST NEWS
ABOUT THE SURGERY AND THE
WORK OF THE PPG.
WE HOPE YOU WILL FIND USEFUL
INFORMATION AND ITEMS OF
INTEREST.

Public Engagement Meeting. April 2025.

This was our fourth Public Engagement meeting and was held in Chilworth. We were very pleased that Dr. Bodgener, Senior Partner, and Karolina, GP assistant/ care Co-ordinator, came to give an informative overview of the surgery staff family tree and of recent developments in the practice. Of particular interest was the Total Triage System introduced in May 2025 and, as it affects all patients, we felt it is worth giving it some space here.



- Triage currently 6:30-12.00 daily. This may be extended in the future. Every patient
 communication goes through a Triage Doctor Most appropriate outcome based upon need/urgency.
- Patients can still call for reception to submit a triage request. Some afternoon
- appointments reserved for high risk groups e.g under 2's/palliative care.
- Community Services i.e. Physio or Pharmacy First may be most appropriate initially.

Patients are encouraged to book an appointment at times most suitable for their needs. If a problem can wait, that leaves more room for urgent requests. In triage patients are assigned a red "urgent" slot, (therefore offered an appointment as soon as possible), or a green 'routine' slot, whereby they will be sent a link offering them a future appointment.

We thought it would be interesting for patients to know what goes on behind the scenes in the surgery..

SPOTLIGHT ON the GP Assistant and Care Coordinator.

- Looks after the social needs of patients .
- Updates the carer and cancer registers
- Liaises with the Frailty Lead and Matron
- Sends off District Nurse, Occupational Therapists and the Social Prescribing referrals
- Books transport for patients
- Looks after ReSPECT forms (Recommended Summary Plan for Emergency Care and Treatment)
- Oversees death certification protocol, which includes sending off referrals to the Medical Examiner/ Coroner's office
- Performs recalls for smears, breast screening and vaccinations.
- Runs phlebotomy clinics
- Does weekly fire testing

SPOTLIGHT ON the Senior Administrator whose job is to:

- Perform diabetic, blood test and blood pressure recalls.
- Helps with medication monitoring
- Manages patients on hormone treatments.
- Adds on blood forms
- Send text reminders for asthma and COPD checks
- Book Minor ops and cryotherapy clinics

Engagement with the Community.

As a result of the PPG meeting with mothers with young children, the surgery are now booking 6 weeks checks for mothers and babies downstairs.





We continue to meet with organisations for information sharing - i.e. ProCare, Surrey Heartlands Integrated Care Board and other Patient Participation Groups.

<u>Surgery Facebook</u>: This is currently building up a following and the PPG will share these pages with our other village contacts.

<u>Process for Repeat Prescription Survey:</u> The surgery recently asked the PPG to carry out a survey on patient satisfaction in the ordering of repeat prescriptions which we did at the beginning of June with the kind permission of the Pharmacies in Wonersh and Shalford. It was lovely to find how engaged people were and very willing to give their views. The results are now being analysed and will be sent to the surgery shortly. Whilst we are on the subject of prescriptions it would be helpful if patients noted the following:

Surrey Heartlands ICB has launched a new medicines waste campaign. They are

asking GP practices to help make a difference by getting involved and sharing campaign messages. It is estimated that 1.2 million repeat prescription items are wasted in Surrey Heartlands each year. Wasted medicines cannot be recycled or reused so valuable NHS resources are being



wasted. The aim of the campaign is to encourage people on repeat prescriptions to check what medicines they have at home before they order.

Community Hubs

We have been asked to publicise this initiative which started on 1st July 2025.



A new network of local hubs is launching across Surrey providing friendly spaces for people to find help, advice, and signposting to local resources. The hubs will help patients access mental health support from Catalyst Support, financial support from Citizens Advice and parenting and perinatal support from Home-Start in the same location in the heart of the community. Locations.

Woking – St Andrew's Church, Goldsworth Park, GU21 3LG

Thursdays, 10:00–12:00

Godalming - Ockford & Aarons Hill Hub, 1 Ockford Way, GU7 2FL

Fridays, 09:30-11:30

Guildford – Guildford Family Centre, Hazel Avenue, Southway, GU1 1NR

Mondays, 12:30-14:30

The hubs are free to attend, there is no booking or referral required.

There are a huge range of activities ranging from Parent Wellbeing,
Mindfulness, Depression/Anxiety Support, Wellbeing Walks, Financial Wellbeing, Young
Person's Support Group. Some sessions are online, and others are in the community.





Go to www.catalystsupport.org.uk for further information.

<u>PPG members are available</u> to represent the patients as well as facilitating communication between patients and the surgery so, if there are any issues you would like to discuss, please contact the PPG at wonershsurgeryppg@gmail.com

NEWS FROM THE SURGERY

We have more medical students coming in September for training at the surgery, so we're excited to be welcoming some bright new faces!

As we are in a listed building, the cobbles outside of the surgery and pharmacy unfortunately cannot be replaced with more even ground. We are planning to cordon off areas outside of the surgery and pharmacy in order to create safer walking passages for patients.

Some of the driveway entrance and exit to the practice is being resurfaced from 4th August for 1 week so the car park will be closed during this time.

Have you had a Diagnosis of ADHD?

- If you have been diagnosed with ADHD by a private or NHS provider and have been prescribed medication, the responsibility for prescribing the medication lies with the provider initially.
- In some circumstance, the prescribing can become shared with the GP under the terms of a "Shared Care Agreement".
- GPs are not duty bound to accept the "Shared Care Agreement."

• If a "Shared Care agreement" is accepted, the patient needs a minimum of an annual review with their specialist and has to provide 6 monthly monitoring of their weight, height, BMI, blood pressure and pulse.

Flu Vaccination Clinics

We will be starting our flu vaccination clinics from the 1st of October 2025, including Saturday 4th of October 2025

Eligibility for a flu vaccination:

- Aged 65 years and over.
- Patients aged 50-64 years in clinical risk groups (including people with certain health conditions and those with weakened immune systems).
- Children aged 2 and 3 years, on 31st August 2025 (born on or after 1st September 2021 and on or before 31st of August 2023).
- Pregnant women at any stage of pregnancy.
- Frontline health and social care workers.
- All school children from reception class to year 11 (inclusive).
- Those in long-stay residential homes.
- Carers (including those in receipt of a carer's allowance or the main carer of an elderly or disabled person).
- Close contacts of immunocompromised individuals.
- Poultry workers or bird handlers.
- People living with someone who has a weakened immune system. We will contact
- you if you are eligible for the vaccination

National Immunisation Awareness Month

- August is National Immunisation Awareness month.
- We encourage all patients to take up the offer of flu, pneumococcal, RSV, covid and childhood vaccinations if offered.
- These vaccinations are vital for keeping patients out of hospital, improving immunity and keeping the local population as healthy as possible.

Weight Loss Injections

- A new medication called Tirzepatide (brand name Mounjaro) may be available to some patients as part of a national NHS programme to support weight management.
- It works by helping to regulate blood sugar and reduce appetite and is given as a weekly injection and may support weight loss alongside other health improvements.
- Eligibility criteria are strict and include a mixture of BMI>40, hypertension, raised cholesterol, sleep apnoea, Type 2 diabetes and cardiovascular disease.
- The practice WILL CONTACT YOU if you are eligible.
- <u>If you have not heard, you are unfortunately not eligible so PLEASE DON'T CONTACT THE SURGERY.</u>

Bike rack.

Of course, exercise is important in establishing a healthy weight so a quick reminder that we now have a bike rack for patients visiting the practice in the form of plantars in the car park. We encourage patients to use them as a green alternative.



Bank Holidays in August

Finally, just a reminder that the surgery is shut on Monday, 24th August 2025 for the Summer Bank Holiday. This includes the triage forms not being available.

Enjoy the summer!