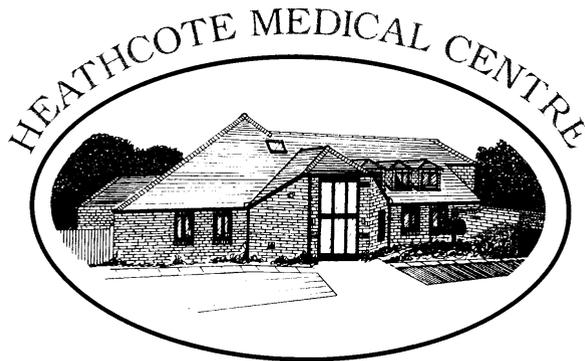


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# **CERTIFICATE REQUESTS INCLUDING FITNESS TO FLY**

## **Requests for Various Certificates To Be Signed By A Doctor**

Unfortunately, more and more organisations are sending people to their doctors in order to obtain 'a note' to certify that they are fit and well for many and various activities. This often represents an attempt to absolve organisations and individuals from all responsibility for any medical problem that might subsequently arise. As well as being time consuming and usually unnecessary, such certificates may even imply some sort of liability on our part. On a case by case basis we may be willing to provide a factual report (from the medical records) and examination if required, for a fee, but not a recommendation on fitness to engage in the relevant activity.

## **Fitness to Fly Letters**

Airlines may ask patients to provide letters or medical certificates confirming that a person's medical condition is currently stable and is 'fit to fly'; this particularly relates to pregnant women. GPs are not specially trained in aviation medicine and not insured to certify whether patients are fit to fly. We also do not have direct access to the ante-natal records of our pregnant patients. Unfortunately, we are therefore unable to provide any such certification.

If your midwife is also unable to provide this service, you may wish to access your records via the NHS App or your hand-held maternity notes and use this information to request certification via a private provider.

Thank you for your understanding.