St Stephen's House Surgery

In association with St Stephen's House Surgery Patient Participation Group

NEWSLETTER

Practice News | New Committee Member | Communications

Surgery opening times

Monday 8am – 6.30pm
Tuesday 8am – 6.30pm
Wednesday 8am – 6.30pm
Thursday 8am – 6.30pm
Friday 8am – 6.30pm
Saturday – closed
Sunday- closed

Out of hours

When the surgery is closed please call 01372 232001.

The Surgery provide evening and weekend appointments outside of normal opening hours. You can request these by contacting the surgery or by calling 111.

Surgery contact

102 Woodfield Lane
Ashtead
Surrey
KT21 2D

Surgery contact online

You can contact the surgery online to:

- ask a question
- get help with an administrative task or
- send us information.

NHS app

You can use the NHS app to:

- request repeat prescriptions
- check your test results
- read messages from the NHS
- book and manage appointment

Practice News

Jane White, NHS Practice Manager

Online access

Please send medical requests by 4pm using the form accessed via https://www.st-stephenssurgery.nhs.uk/services/appointments/

Our online access remains open **8am–6:30pm**, and **all medical requests are triaged by a GP**.

Requests submitted after 4pm may not be actioned until the next working day.

Submitting your request early gives the GP time to assess it and make sure you receive the **most appropriate advice, appointment or treatment**.

Have an urgent request?

Please **still submit it online or contact the practice directly**. Urgent requests will be prioritised according to clinical need.

Men's Health

Prostate health (information sourced from NHS)

The importance of getting tested can not be overstated, if caught early prostate cancer is very treatable. Contact the surgery to get tested.

No routine screening: The NHS does not have a national screening program for prostate cancer because the test is not always accurate or specific.

Asymptomatic men (aged 50+): You can ask your GP for a PSA test if you are 50 or older, after discussing the pros and cons.Men with a family history of prostate cancer or of Black African or Black Caribbean descent can consider testing starting at age 45.

Surgery staff

Doctors:

Dr Hasan Al-Bahrani. Specialist interests in skin dermoscopy and child health.

Dr Wesley Babajews. Specialist interests in Men's Health

Dr Laura Fraser. Specialist interests in contraception and teaching.

Dr Lidia Kostuch-Bush. Specialist interests in Diabetes, General Medicine, Mental Health disorders and Health in young adults. Also fits ring pessaries for prolapses.

Dr Eleana Kamalanathan

Dr Anna Woodhatch

Nurses:

Gillian Bowerman, Nurse

Christine Edmonds, HRA nurse Health Risk Assessment nurse (HRA) HRA a specialized advanced practice registered nurse who conducts comprehensive evaluations of patient health to identify risk factors, assess chronic conditions, and guide preventive care.

Denize Goulder-Perks, Heathcare Assistant (HCA)

Louise Kubli, nurse

Vaccinations



PPG News

New Committee member

In 2026 we welcomed Peter Shrubsole to the PPG Committee. Peter has a wealth of experience working in the public service, particularly working on committees. The PPG Committee would welcome additional members. If you are interested please email the Committee at sshs.ppg@gmail.com

Flu clinic

The surgery held a Flu clinic on 3rd October 2026. This again was a valuable service provided by the dedicated staff at the surgery, the team pulling together to source logistics needed for the day. 820 patients were vaccinated against Flu.

Has Ashtead sufficient medical facilities to meet demand now and in the future

The simple answer is yes, both The Ashlea Medical Centre and St Stephen's House surgery are accepting new patients. The proposed development at Ermyn Way will present challenges, however, planning is underway to meet this new demand. The PPG will monitor developments.

Up on local hospital news

The Care Quality Commission (CQC) published its latest report on Epsom and St Helier University Hospitals NHS Trust following inspections in December 2025.

The independent regulator of health and social care in England reviewed services including urgent and emergency care, medical care, maternity and surgery, and has confirmed services at the Trust are rated 'Good'.

PPG 2026 appeal

The PPG have previously purchased a defibrillator which is located at Craddocks Parade and managed by the PPG.

This year the PPG appeal is to provide funding to assist the surgery purchase an invaluable ECG machine.

To donate please make a bank transfer (BACS) to: St Stephens PPG. Sort Code 60-12-36. Account Number

33135843.

Thank you.